Regatta und Trainingsprogramm Junioren YCB Saison 2010 24. März 2010

Version 1.0 **Peter Theurer**

2010	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	2010
Jan					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			**Jan**
Laser Rad																																						Laser Rad
Laser 4.7																																						Laser 4.7
420er																																						420er
C3L																																						C3L
Training (W)																								Hyères, Talent Pool, SST														Training (W)
Training (L)																		M							M							M						Training (L)
Trailer																																						Trailer
Motorboot																																						Motorboot
Ferien					Winterferien																																		Ferien
Feb	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28										**Feb**
Laser Rad																																						Laser Rad
Laser 4.7																																						Laser 4.7
420er																																						420er
C3L																																						C3L
Training (W)						Hyères, Talent Pool, SST																																		Training (W)
Training (L)				M							M							M				K/K			M													Training (L)
Trailer																																						Trailer
Motorboot																																						Motorboot
Ferien													Sportwoche																										Ferien
Mrz	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							**Mrz**
Laser Rad																																						Laser Rad
Laser 4.7																																						Laser 4.7
420er																																						420er
C3L																																						C3L
Training (W)											Hyères, Talent Pool, SST									Neuenburg/R2							Hyères, YCB										Training (W)
Training (L)				M							M				K/K			M				K/K			M													Training (L)
Trailer																																						Trailer
Motorboot																																						Motorboot
Ferien																																						Ferien
Apr				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					**Apr**
Laser Rad					Hyères, EC,Youth GP						Lugano, EC,Youth GP, PM							Torbole, EC,Youth GP																				Laser Rad
Laser 4.7					Hyères, EC,Youth GP						Lugano, EC,Youth GP, PM							Torbole, EC,Youth GP																				Laser 4.7
420er																																						420er
C3L																																						C3L
Training (W)						Mèze / Frühlingslager R2																		V						V									Training (W)
Training (L)																						K/K			K/K				K/K			K/K						Training (L)
Trailer				Hyères						EC Lugano																												Trailer
Motorboot				Hyères																																		Motorboot
Ferien					Frühlingsferien																																		Ferien
Mai						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		**Mai**
Laser Rad						Lugano, PM							Thun, PM													Hoorn, EC, YGP								Stäfa, PM				Laser Rad
Laser 4.7						Lugano, PM							Thun, PM													Hoorn, EC, YGP								Stäfa, PM				Laser 4.7
420er																																						420er
C3L						Portalban																					Neuenburg											C3L
Training (W)										V							V							V						V								Training (W)
Training (L)											K/K							K/K				K/K			K/K				K/K			K/K						Training (L)
Trailer						Lugano																												Stäfa				Trailer
Motorboot						Lugano						Thun																											Motorboot
Ferien																		Auffahrt Wochenend									Pfingst Wochenend										Ferien
Jun		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							**Jun**
Laser Rad								Bärgluftwoche, Regional																			Flüelen, PM											Laser Rad
Laser 4.7								Bärgluftwoche, Regional																			Flüelen, PM											Laser 4.7
420er																																						420er
C3L													St Aubin														La Neuveville											C3L
Training (W)			V														V							V						V								Training (W)
Training (L)				K/K											K/K			K/K				K/K			K/K														Training (L)
Trailer																																						Trailer
Motorboot																										Flüelen												Motorboot
Ferien																																						Ferien

2010	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	Mi	Do	Fr	Sa	So	Mo	Di	2010
Jul				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					**Jul**
Laser Rad											Yverdon, SM, PM										Largs, Radial WM & Junioren EM																Laser Rad
Laser 4.7											Yverdon, SM, PM																Hourtin, 4.7 EM										Laser 4.7
420er																																					420er
C3L																																					C3L
Training (W)						Yverdon											V																				Training (W)
Training (L)				K/K				K/K										K/K																			Training (L)
Trailer										Yverdon																											Trailer
Motorboot					Yverdon																																Motorboot
Ferien						Sommerferien																															Ferien
Aug							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	**Aug**
Laser Rad																				Neuenburg, PM					Wolfgangsee, YGP												Laser Rad
Laser 4.7																				Neuenburg, PM					Wolfgangsee, YGP												Laser 4.7
420er																																					420er
C3L																																		Estavayer				C3L
Training (W)																	V														V						Training (W)
Training (L)															K/K			K/K														K/K				K/K		Training (L)
Trailer																																						Trailer
Motorboot																			Neuenburg																			Motorboot
Ferien							Sommerferien																															Ferien
Sep			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						**Sep**
Laser Rad													Versoix, PM														Steckborn,PM											Laser Rad
Laser 4.7													Versoix, PM														Steckborn,PM											Laser 4.7
420er																																						420er
C3L						Wingreis																																	C3L
Training (W)			V							V							V							V							V							Training (W)
Training (L)				K/K							K/K							K/K				K/K			K/K							K/K							Training (L)
Trailer																																						Trailer
Motorboot					Wingreis							Versoix																											Motorboot
Ferien																																						Ferien
Okt					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			**Okt**
Laser Rad						Matosinhos, EC,YGP							Vigo, EC,YGP																										Laser Rad
Laser 4.7						Matosinhos, EC,YGP							Vigo, EC,YGP																										Laser 4.7
420er																																						420er
C3L																																						C3L
Training (W)													Bormes / Herbstlager R2											V							V							Training (W)
Training (L)																									M				K/K			M						Training (L)
Trailer																																						Trailer
Motorboot																																						Motorboot
Ferien						Herbstferien																																	Ferien
Nov	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30								**Nov**
Laser Rad																																						Laser Rad
Laser 4.7																																						Laser 4.7
420er																																						420er
C3L																																						C3L
Training (W)			V										Murten / R2																									Training (W)
Training (L)				M							M							M				K/K			M				K/K									Training (L)
Trailer																																						Trailer
Motorboot																																						Motorboot
Ferien																																						Ferien
Dez			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					**Dez**
Laser Rad							Imperia Winter Regatta																															Laser Rad
Laser 4.7							Imperia Winter Regatta																															Laser 4.7
420er																																						420er
C3L																																						C3L
Training (W)																																						Training (W)
Training (L)				M											K/K			M				K/K			M													Training (L)
Trailer																																						Trailer
Motorboot						Imperia																																Motorboot
Ferien																									Winterferien													Ferien

Legende:

- Wassertraining
- Training an Land
- Europacup & Youth Grand Prix Regatten
- Schweizer Punktemeisterschaft Regatten
- Coup des trois Lacs/ Regionale Regatten
- Ferien und Feiertage Biel

R2= Region 2 (Juraseen)
M= Magglingen
K/K= Kondition oder Kraft
V= Vingelz